EFT - Emotional Freedom Techniques is a relatively new discovery and a fast-evolving treatment within the field of Energy Psychology which is catching the attention of healers, scientists, spiritualists and lay people.

**EFT is changing what diets & exercise can never change!**

- Improve performance
- Overcome fear
- Improve your self-esteem
- Overcome procrastination
- Remove anxiety and worry
- allowing all your ability to shine through.

**D’NOVATE - 8007614867**

**TURBOCHARGE YOUR SPORT PERFORMANCE**

- Improve performance
- Overcome fear
- Improve your self-esteem
- Overcome procrastination
- Remove anxiety and worry
- allowing all your ability to shine through.

**EFT DIRECTOR: MOHAN CHUTE, MD (Alternative Medicine)**

Phone: +91 7030880661, 7588244445 | Email: info@theholisticcare.com

Website: www.theholisticcare.com